

### Fluid Milk Requirements for Children by Age

The licensed child care center is to ensure that children are served fluid milk unless the parent provides written instructions by a licensed physician, physician's assistant (PA), advanced practice registered nurse (APRN) or certified nurse practitioner (CNP). Below is a list of age-appropriate fluid milk selections that meet the Ohio department of job and family services (ODJFS) requirement for centers.

Age	Fluid Milk Requirement
Infants up to twelve months of age	<ul style="list-style-type: none"> <li>• Formula</li> <li>• Breast milk</li> </ul>
Infants and toddlers twelve months of age up to twenty-four months of age	<ul style="list-style-type: none"> <li>• Unflavored whole homogenized vitamin D fortified cow's milk</li> <li>• Breast milk at parent's request, without written instructions from a licensed physician, PA or CNP</li> <li>• Non-cow milk substitutions that are nutritionally equivalent to milk, with written parental consent</li> </ul>
Toddlers and children twenty-four months of age and older	<ul style="list-style-type: none"> <li>• Unflavored one per cent milk that is vitamin A and D fortified</li> <li>• Unflavored fat free or skim milk that is vitamin A and D fortified</li> <li>• Non-cow milk substitutions that are nutritionally equivalent to milk, with written parental consent</li> </ul>

The center is not to use reconstituted dry powdered milk as a beverage unless the parent provides written instructions by a licensed physician, PA, APRN or CNP.